

The Stats Menu

The Stats menu shows deeper horse information, including both **stats** and **indicators**.

Important wellbeing-related stats and indicators include:

- stress
- aggression
- frustration
- spookiness
- obedience
- restlessness

This is where you can see the horse's current state compared to its natural baseline. That matters because some horses may naturally be more sensitive, spooky, or stress-prone than others.

Stress

Stress is one of the biggest wellbeing issues to watch.

A stressed horse may:

- become harder to handle
- show visible stress behaviors
- become more likely to refuse riding
- contribute to other behavior problems

The code currently shows that highly stressed horses can sometimes be too stressed to start a ride at all. Stress also feeds into other systems, including aggression.

To help reduce stress:

- avoid pushing a horse too hard
- keep up with proper care and daily maintenance
- pay attention to illness or discomfort

Frustration

Frustration is different from stress, but just as important.

High frustration can lead to:

- panic behaviors
- more difficult handling
- rider ejection in some situations
- more unstable behavior overall

A horse that feels trapped, neglected, or repeatedly bothered is more likely to become frustrated. Some actions help reduce frustration, including:

- scratches and positive interaction
- riding in the right conditions
- social or free-roam style behavior
- group movement in some cases

Aggression

Aggression affects how safe and manageable a horse feels.

A horse with higher aggression is more likely to:

- react poorly under pressure
- contribute to rider ejection checks
- feel more difficult to manage in stressful situations

Aggression can be influenced by the horse's baseline traits as well as current conditions. Stress can also push aggression higher. The best way to manage aggression is to stay ahead of the systems that feed into it:

- lower stress
- keep the horse comfortable
- keep daily care current

Spookiness and Other Behavior Clues

Spookiness also plays into wellbeing, especially when a horse feels uncertain or overstimulated. A spooky horse may react more dramatically to situations, and it can combine badly with stress or frustration.

If a horse seems jumpy, difficult, or quick to react, it is worth checking:

- stress
- frustration
- spookiness
- overall care and condition

Revision #3

Created 27 July 2026 17:47:07 by Oak

Updated 27 July 2026 18:07:52 by Oak